

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

1. Crispy Chicken Salad- V w/Crackers
2. Chicken Bacon Ranch Wrap w/Chips- V
3. Corn Dog w/Tater Tots
4. Bean Burrito w/Spanish Rice- V

2

1. Cheese, Yogurt & Fruit Plate w/Blueberry Muffin- V
2. Ham & Cheese Sandwich w/Chips- V
3. Meatlovers Pizza
4. Macaroni & Cheese w/Green Beans & Roll- V

SNICKERDOODLE COOKIE

3

1. Fiesta Chicken Salad w/Tortilla Chips- V
2. Italian Sub w/Chips- V
3. Chicken Nuggets w/Tater Tots & Roll
4. Country Fried Steak w/Mashed Potatoes, Corn & Roll

4

1. Meatless Munchable w/Goldfish- V
2. Turkey & Cheese Sandwich w/Chips- V
3. BBQ Pork Riblet Sandwich w/Tater Tots
4. Rotini & Meatballs w/Garlic Breadstick

5

Celebrate Rockies' Baseball Opening Day!

1. Fruit & Yogurt Parfait w/Granola- V
2. Sunbutter & Jelly Sandwich w/Chips- V
3. Hot Dog w/Tater Tots
4. Beef & Cheese Nachos- V

Celebrate Earth Day at The Clubhouse with fruits and vegetables from the A to Z Salad Bar on April 9th - April 25th.

8

1. Fiesta Chicken Salad w/Tortilla Chips- V
2. American Combo Sandwich w/Chips- V
3. Ham & Cheese Melt w/Fries- V
4. Cheesy Breadsticks w/Italian Sauce- V

9

1. Fruit & Yogurt Parfait w/Granola- V
2. Turkey & Cheese Sandwich w/Chips- V
3. Cheese Pizza- V
4. Walking Tacos: Nacho- V Doritos w/Taco Toppings

White Cauliflower, Mixed Fruit
CHOCOLATE COOKIE

10

1. Crispy Chicken Salad w/Crackers- V
2. Italian Sub w/Chips- V
3. Sloppy Joe w/Baked Beans
4. Popcorn Chicken Bowl & Roll

Apples, Peaches

11

1. Pizza Munchable- V
2. Ham & Cheese Sandwich w/Chips- V
3. Cheeseburger w/Fries
4. Breakfast for Lunch: French Toast Sticks & Sausage- V

Kidney Beans, Strawberries

12

1. Cinnamon Roll Munchable
2. Bacon Turkey Club Sub w/Chips
3. Meatlovers Pizza
4. Grilled Cheese w/Tomato Soup- V

"V"- Identifies vegetarian menu items and items that can be modified to be vegetarian

15

1. Crispy Chicken Salad w/Crackers- V
2. Chicken Bacon Ranch Wrap w/Chips- V
3. Corn Dog w/Tater Tots
4. Rotini & Meatballs w/Garlic Breadstick

16

1. Cheese, Yogurt & Fruit Plate w/Blueberry Muffin- V
2. Ham & Cheese Sandwich w/Chips- V
3. Meatlovers Pizza
4. Soft Beef Taco w/Tortilla Chips

Fresh Broccoli, Lettuce
CHOCOLATE ICE CREAM

17

1. Fiesta Chicken Salad w/Tortilla Chips- V
2. Italian Sub w/Chips- V
3. Crispy Chicken Sandwich w/Fries
4. Salisbury Steak w/Mashed Potatoes, Gravy, Green Beans & Roll

Oranges, Green Beans, Red Peppers

18

1. Meatless Munchable- V w/Goldfish Crackers
2. Turkey & Cheese Sandwich w/Chips- V
3. Meatball Sub
4. Macaroni & Cheese w/Green Beans & Roll- V

Hummus, Juicy Applesauce

19

Professional Learning Day:
NO SCHOOL

All of our rolls, muffins and cookies are made from scratch in our local bakery at Rampart High School.

22

1. Fiesta Chicken Salad w/Tortilla Chips- V
2. American Combo Sandwich w/Chips- V
3. Ham & Cheese Melt w/Fries- V
4. Cheesy Breadsticks w/Italian Sauce- V

23

1. Fruit & Yogurt Parfait w/Granola- V
2. Turkey & Cheese Sandwich w/Chips- V
3. Cheese Pizza- V
4. Chicken in Gravy w/Mashed Potatoes, Corn & Roll

Corn, Iceberg Lettuce
CHOCOLATE COOKIE

24

1. Crispy Chicken Salad w/Crackers- V
2. Italian Sub w/Chips- V
3. Cheeseburger & Fries
4. Breakfast for Lunch: Waffles & Sausage

Diced Pears, Veggie Sticks
LUCKY TRAY DAY!

25

1. Pizza Munchable- V
2. Ham & Cheese Sandwich w/Chips- V
3. Grilled Cheese w/Tomato Soup- V
4. BBQ Pulled Pork Sandwich w/Baked Beans

Tomatoes, Blueberries

26

1. Cinnamon Roll Munchable- V
2. Bacon Turkey Club Sub w/Chips
3. Meatlovers Pizza
4. Hot Dog w/Tater Tots

PAYMENT OPTIONS: 1. Send check with student. 2. Pay online with credit card @PayForLT.net (2.5% transaction fee). 3. Send cash with student.

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1. Crispy Chicken Salad- V w/Crackers
2. Chicken Bacon Ranch Wrap w/Chips- V
3. Corn Dog w/Tater Tots
4. Bean Burrito w/Spanish Rice- V

30

1. Cheese, Yogurt & Fruit Plate w/Blueberry Muffin- V
2. Ham & Cheese Sandwich w/Chips- V
3. Meatlovers Pizza
4. Macaroni & Cheese w/Green Beans & Roll- V

SNICKERDOODLE COOKIE

Looking for part-time work during the school year? We have positions that fit family schedules. Nights, weekends, holidays & summers off! If interested, please call the Sodexo office @234-1460.



SAVE \$\$\$!
YOUR CHILD MAY BE ELIGIBLE FOR FREE OR REDUCED PRICE LUNCH & BREAKFAST. Applications are available at schools & district office/website. All info is kept confidential.